



PROBUS CLUB OF MOUNT ELIZA INC

Po Box 667 Mt Eliza 3930
Founded 1985 Registration No. A0011403Y

Meetings commence 9.45am second Monday of the month. If Public Holiday, then third Monday

Bulletin No. 382

13th February 2017

Committee Members 2016 - 17	
President: John Chambers 9775 4498	V/President: Carol Spencer 9787 5825
Secretary: Catherine Johnson 9775 4504	Treasurer: Lindsay Gordon 9787 5132
Tours/Ent: Estelle Gold 9787 3682	Speakers: Neil Gold 9787 3682
Membership: John Roberts 9787 1322	House: Sylvia Chambers 9775 4498
Bulletin: Deborah Fleiner 9775 2535	Welfare: Maxine Coughlan 9775 3361

THE PRESIDENT'S MESSAGE



Our Probus Club year comes to a close following our Annual General Meeting on March 20th, after which we will have a new President and Management Committee.

Two days later, on Wednesday March 22nd, our annual Changeover Lunch will take place at Norwood House. I look upon it as a kind of birthday celebration for our Club and as such, it's a rather special event. It's also an occasion when the members can express their appreciation of the time and effort put in to the Club's activities, not only by the Committee but also on the part of many other members who have helped out at meetings throughout the past year.

So if you haven't yet done so, please book with Estelle straight away – today. She will be only too happy to take your booking – and your money!

Do come and show your support for our new President and Committee whilst enjoying a nice meal with friends.

John Chambers

OUR JANUARY MEETING

Attendance: 55 present, 17 apologies, 5 non-responses, plus 3 visitors.

President: **John Chambers** opened the meeting and mentioned the new sound system that had been installed in the church, and the new tables that had only arrived that morning. He welcomed all visitors and visiting Probians and announced the resignation of David and Cheryl Crockett, who have moved away from the area. He acknowledged the passing of John Thomas, who had been a dedicated member until about a year ago, when he resigned due to ill health. John then wished “Happy Birthday” to those members who have birthdays in January.

Vice President: **Carol Spencer** wished everyone Happy New Year and invited members to lunch at Canadian Bay Hotel after the meeting.

Secretary: **Catherine Johnson** requested that the minutes of the previous meeting be moved and seconded, and then discussed various correspondences. She also advised that the nomination forms for the 2017-2018 Management Committee were available, and that they should be completed and handed in by the next General Meeting in March.

Treasurer: **Lindsay Gordon** advised that all commitments are up to date and that the balance of funds is healthy.

Tours and Outings: **Estelle Gold** spoke of the two events at Frankston Arts Centre in February and March, and of the **Changeover Lunch on 22nd March 2017 at Norwood House at \$49 per head.**

Speakers: Neil Gold advised that the speakers today were to be **Deb Fleiner** and **Estelle Gold.**

Welfare: **Maxine Coughlan** announced that **Jack Andrews** is now in a nursing facility, and then wished all a “Happy New Year”.

Dine Outs: **Bette Wilson** announced that the next dine out is at **Kirk’s on Friday 20th January at 12.30pm.**



Investment Club: **Max Batchelor** announced that 2016 finished quite well being up by 7% which is not a bad return. 5% happened in December! With only having four days trade so far this year, the stock market is already up by 1.5%. Things are a bit unsettled with Donald Trump on the horizon, and unfortunately we are held hostage by what happens in the US. This year the group is down by three members with a total of nineteen portfolios. There is room for new investors. **John Roberts** is the overall winner of the 2016 Tipping Competition, being very close to the end result, and **Andy Troy** (now an official member) is already up 4.6% for this year. A promising start!



Book Club: **Wendy Griffiths** said that there are eleven members in the group which has its first meeting for 2017 on Monday 6th February at the home of **Wendy and Stephen Griffiths**. The first book for the year is “**The Grapes of Wrath**” by **John Steinbeck**.



Speakers: **Deb Fleiner** read a poem called “**The Battle of Hastings**” by **Marriott Edgar**, who was most noted for the monologues he wrote for the comic actor **Stanley Holloway**, and for the series of poems about “**Albert**”.

Our main speaker today was **Estelle Gold**, who as a cardiac nurse in Cape Town South Africa, was part of the team that assisted **Dr Christiaan Barnard** in the first heart transplants fifty years ago. She explained that Dr Barnard had been appointed cardiothoracic surgeon at the Groote Schuur Hospital, establishing the hospital’s first heart unit.

Pig valves had been used to replace faulty valves in humans, but complications arose during recovery. By the early 1960’s, the thinking came around to heart transplants. Dr Barnard experimented by performing heart transplants on feral dogs, but none survived more than ten days. He learned how to do the intricate connection of arteries and veins by going to the US and studying kidney transplants, and he also went to France where studies were being done on tissue transplants. The need for immunosuppressant therapy soon became apparent.



Then legality and ethical issues arose. Obviously a heart transplant requires a donor to be deceased, brain dead but with otherwise healthy organs. When is a person actually dead? People can be kept alive on a machine to keep the heart pumping indefinitely, so controversy arose about the exact moment of death. Emotion also came to play, as many people believe that the heart is a person’s being, when in actual fact it is merely a pump made from muscle. However it was agreed that there would not be a transplant between different cultures, or between different ethnic groups.

The first transplant took place on December 3rd 1967. The donor was a road accident victim whose father had donated her body and was on a respirator, and the recipient - **Louis Washkansky**, a fifty four year old grocer with diabetes and incurable heart disease. Both donor and recipient were fastidiously prepared as infection was greatly feared. The transplant took hours as Dr Barnard with arthritic fingers, painstakingly stitched very tiny sutures to join the blood vessels and arteries together. The heart started working again after a defibrillator was used.

In those days, the heart unit had only one monitor for twenty patients. Louis Washkansky was in an oxygen tent and was monitored every five minutes around the clock, being watched for rejection. Initially the patient did very well, but by day 12 he got pneumonia, and then on day 18 he died.

Somehow the news of the transplant was leaked to the press, and even though South Africa did not have television in those days, the news quickly travelled around the world. People from all over the place began to arrive for a transplant, and Dr Barnard found it very difficult to send them back.

Philip Blaiberg was the second heart transplant recipient, and he survived nineteen months, and the third was **Dorothy Fisher**, who lived for fourteen years.

Estelle said that Dr Barnard was a charismatic man who was very passionate about his work, and really cared for his patients. A boy from Northern Italy, with a hole in his heart, was sent to Dr Barnard who operated on him. The boy survived but could not eat the food he was given and therefore was not thriving. Estelle went to a local Italian restaurant and got some Italian food for him, which he wolfed down. Dr Barnard then paid for the boy's food for two months whilst he recovered. That boy, now an adult, lives in Rome, and Estelle and Neil have visited him on several occasions.

Now transplants of all descriptions are commonplace, but even after fifty years there is still some resistance in organ donation. Estelle said she felt proud to be part of such exciting pioneering research.

She was thanked by **Neil Gold** for giving a most interesting and informative talk.

(Thanks to **Barry Rawlings** for the generous use of his notes in addition to the editor's, in case something of importance had been missed!)

FUTURE SPEAKERS

Today: Short Talk: No speaker today due to inductions.
Main Talk: **Ross Baker** "Collectable Golf Clubs and Niblicks"

March: Short Talk: **Margaret McArthur** "My Connection with Brazil"
Main Talk: No speaker due to Annual General Meeting.

FEBRUARY BIRTHDAYS



3rd Peter Long

21st Barry Wyatt

5th Sonia Troy

7th Diane Griffiths
22nd Charles Meyer

Three Day Trip to RACV Creswick (Goldfields)

May 3rd – 5th 2017 inclusive

\$194.00 per night incl Breakfast and Golf.

\$184.00 per night incl Breakfast no Golf.



Should you be interested in joining as either a non-golfer or golfer please let Jane know on janelongy@bigpond.com or **0407328597**

DVD Exchange: **Bob Stephen** has generously agreed to run a **DVD exchange facility** which would be operated alongside the Book Table. Members are encouraged to donate any DVD movies (in good condition) that they are not likely to play again, and will be able to borrow ones they have not seen.

FORTHCOMING EVENTS AND ACTIVITIES

Tours and Outings: **Estelle Gold** 9787 3682

March 2017 Friday 3rd at 10.30am \$20 Frankston Arts Centre
Donald Cant in Concert

Wednesday 22nd at 12 pm. \$49 per head
Changeover Lunch at Norwood House

* It is requested that payment for the above outings be made at the February Meeting.

April 2017 Wednesday 19th at 11am \$25 Car Pooling.
Panorama Gardens Browns Road Boneo
Only 20 places available.

Golf: **Mt Eliza** will be playing **Melbourne Probus** on **Monday April 3rd** at **Frankston Golf Club**. We will be playing for the **Ken McArthur Trophy**, (presently held by Melbourne Probus) named after our Golf Coordinator for many years, a respected and missed member of Mt Eliza Probus.

All members who wish to play in this match are welcome to register with **David Woodlock** on **9787 8827** or by email at david.woodlock@bigpond.com.

Dine-Out: **Bette Wilson's** next dine out will be Friday 17th March
12.30 p.m. **Steeple's Restaurant**.



Coffee & Chat @ Degani's Tuesday 21st February 2017 at 10.30 am. Meet up with friends at Degani's for half an hour (or more) & enjoy a relaxing tea or coffee and a chat. No need to book – just come along.

Sylvia Chambers 9775 4498

Lunch at Canadian Bay Hotel: All members are invited to join **Keith and Carol Spencer** for lunch at the **Canadian Bay Hotel** after the Monthly General Meetings. There is a specials menu that includes a glass of wine for \$22. Please let Carol know if you would like to attend by Morning Tea, so that she can make the booking.

MEETING DATES FOR 2017/2018

General Meeting 2nd Mondays at 09.45 am	Management Committee Meeting 4th Mondays at 09.30 am
2017	2017
March 20 Annual General Meeting	
<i>Wednesday March 22</i> Changeover Lunch @ Norwood House, Mount Eliza at 12 noon	March 27 th Joint meeting of Outgoing & Incoming Management Committees
April 10	April 24
May 8	May 22
June 19	June 26
July 10	July 24
August 14	August 28
September 11	September 25
October 9	October 23
November 13	November 27
December 11	<i>No meeting</i>
2018	2018
January 8 Nomination Forms distributed	January 22
February 12	February 26
March 19 Annual General Meeting	March 26
March Changeover Lunch (TBA)	

1. Please note that when 2nd Mondays are holidays, the General Meeting is on the following Monday, e.g. March, 2017 & 2018 (Labour Day): June (Queen's Birthday)

2. Please note that when 4th Mondays are holidays, the Management Committee will normally meet on the following Monday.

Would any member who is unable to attend a general meeting please send their apologies to Membership Officer **John Roberts** - Phone: **9787 1322** or email: **j_jroberts@hotmail.com**.

Next General Meeting: 9.45am on Monday 13th March 2017 at the Uniting Church, Canadian Bay Rd. Mount Eliza.

Next Committee Meeting: 9.30am on Monday 27th February 2017 at the home of John and Sylvia Chambers.



The Five Riddles (thanks to **John Chambers** for this gem.)

THE ANSWERS ARE AT THE BOTTOM. IT SHARPENS THOSE GENES IN YOUR BRAIN AND STALLS ALZHEIMER'S FOR YEARS.

1. A murderer is condemned to death.
He has to choose between three rooms. The first is full of raging fires, the second is full of assassins with loaded guns, and the third is full of lions that haven't eaten in 3 years.
Which room is safest for him?
2. A woman shoots her husband.
Then she holds him under water for over 5 minutes.
Finally, she hangs him. But 5 minutes later they both go out together and enjoy a wonderful dinner together. How can this be?
3. What is black when you buy it, red when you use it, and grey when you throw it away?
4. Can you name three consecutive days without using the words Wednesday, Friday, or Sunday?
5. This is an unusual paragraph. I'm curious as to just how quickly you can find out what is so unusual about it. It looks so ordinary and plain that you would think nothing was wrong with it. In fact, nothing is wrong with it! It is highly unusual though. Study it and think about it, but you still may not find anything odd but if you work at it a bit, you might find out. Try to do so without any coaching!

THE ANSWERS TO ALL FIVE THE RIDDLES ARE BELOW:

1. The third room, Lions that haven't eaten in three years are dead.
2. The woman was a photographer. She shot a picture of her husband, developed it, and hung it up to dry (shot; held under water; and hung).
3. Charcoal, as it is used in barbecuing.
4. Sure you can name three consecutive days, yesterday, today, and tomorrow!
5. The letter "e" which is the most common letter used in the English language, does not appear even once in the paragraph. I'll be getting Alzheimer's any time now.
How did you do?